ABSTRACT OF THE DISCLOSURE

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In a packet-based communication network (10) polling of connected user equipment is performed according to a first type (T1) and a complementary second type (T2). Upon receiving polling according to type one (T1) a user equipment (30) is allowed to transmit user data packets (UP) if any are available, otherwise the user equipment (30) can remain silent. In response to polling according to type two (T2), the user equipment (30) is required to either transmit an available user data packet (UP) or a dummy data packet (DP).